



TU VIỆN LAM VIỆN

LAM VIEN MONASTERY * 1606 ROY ROAD, PEARLAND, TX 77581

Phone: (832) 328-7825 * Website: www.LamVien.org * Email: LamVienTX@yahoo.com

Application for Buddhist Children Summer Retreat (June 16 to June 21, 2014)

Homage to all Buddhas in all words.

All forms must be completed and signed by guardian/parents in full and must be submitted to Lam Vien Monastery on or before June 15th, 2014. You can also email to Ven. Angie Thich at thienngocthich@gmail.com.

REQUIREMENTS OF PARTICIPATION:

- ❖ Age: 7 to 18 years old
- ❖ Fee: not required, however donations are welcomed and appreciated (money, food, gifts as rewards in games and contests)
- ❖ Each retreatant should have a grey temple robe, or you can buy one at the gift shop of the temple (\$15.00 - \$25.00 each)
- ❖ Retreat attendants are only allowed to use electric games, cell phone or ipad 1 hour per day at the designated time or as a group commitment.

Your Child's Name : _____

Dharma Name (if applicable) : _____

Your child's Age : _____ Height : _____

Parent's/Guardian's Name : _____

Address : _____

Parent's/Guardian's Email : _____

Home Phone : _____ Cell Phone : _____ Business Phone : _____

Emergency Contact : _____ Phone : _____

Dear guardians/parents,

By signing below you are giving permission for your child to participate in all activities related to the 6-day retreat at Lam Vien Monastery including the field trip. You are giving permission for your child to be transported in temple and/or personal vehicles of those who are acting as retreat coordinators while attending the retreat at Lam Vie-n Monastery.

Homage to Amitabha Buddha.

x _____ x _____

Signature of parents/guardian

Date

Medical Information

Does your child have any medical or health issues that we should be aware of? If so, please describe:

Allergies: _____

Chronic disability or illness (past or present):

Name of Family Doctor : _____ Phone : _____

Insurance Plan Name : _____ Group Number : _____

Member Number: _____

Dietary Restrictions

Describe: _____

Medications

I would like for the participant to be given the following medications:

Name of medicine : _____

What is the medicine used for : _____

Quantity of be given : _____ Times to be given : _____

All medicines should be clearly labeled with the participant's name, name of medication, what it is to be used for, quantity to be given and time to be given. The Lam Vien Monastery does not assume responsibility for administration of medicine beyond oral medications. In case of emergency, I hereby give permission to the physician named above or Lam Vien Monastery to take my child to emergency hospital, or in his or her absence, to any other physician, to provide treatment.

Additional information that would be helpful while your child attends the retreat:

x _____ x _____

Signature of Parents/Guardian

Date



TU VIỆN LAM VIỆN

LAM VIEN MONASTERY * 1606 ROY ROAD, PEARLAND, TX 77581

Phone: (832) 328-7825 * Website: www.LamVien.org * Email: LamVienTX@yahoo.com

DAILY SCHEDULE

(BUDDHIST CHILDREN RETREAT June 16th to June 21st, 2014)

- 7:00 - 7:15 am : Bell Ringing, Morning Bell invitation
- 7:15 - 7:30 am : Stay-in-bed practice of body awareness
- 7:30 - 8:00 am : Personal Duty: cleaning and making beds
- 7:45 - 8:00 am : Morning chant and offering daily vows of practice
- 8:00 - 8:30 am : Breakfast (self-service)
- 8:30 - 9:30 am : Breakfast dharma talk and sharings
- 9:30 - 10:00 am : Fun time at sunrise in the temple yard
- 10:00 - 10:30 am : Buddhist Learning “What the Buddha teaches children”
- 10:30 - 11:30 am : Fun Games or Yoga for Kids
- 12:00 - 1:00 pm : Lunch time
- 1:30 - 2:00 pm : Clean-up time
- 2:00 - 3:00 pm : Nap Time or guided total relaxation
- 3:00 - 3:30 pm : Enjoying mid-day Refreshments
- 2:30 - 3:00 pm : Dharma Sharings
- 3:00 - 4:00 pm : Learning skills of life, and arts from grandma and big sister
- 4:00 - 5:00 pm : Fun time at sunset in the temple yard
- 5:00 - 6:00 pm : Personal Cleaning, Bathing Time
- 6:00 - 6:30 pm : Dinner
- 8:00 - 8:30 pm : Group Chanting (selected Sutra in English)
Practice of Short Sitting in Noble Silence
- 8:30 - 9:30 pm : Journal time
- 9:30 - 10:30 pm : Bonding time
- 10:30 pm : Night Bell invitation - Lights Out

The schedule is subject to change daily depending on the conditions of the group and the weather in a day.

General Guidelines for Retreat Participants

All retreat attendants should follow the rules and ethical codes of Lam Vien Monastery.

What to Bring

- Sleeping Bag, Pillow, Towel (shower facilities are available)
- Toiletries (baby shampoo, lotion, toothbrush, toothpaste...)
- Modest clothing. (Even in the warmest of weather, tank tops and short shorts are not acceptable in the Buddha Hall)
- Dirty clothes bags

Family Sponsorship Form

- Buddhist Summer Retreat is free; however donations are welcomed and appreciated. Any friends or parents would like to make donations or support to the retreat please contact Lam Vien Monastery before June 15th, 2014
- Parents are welcomed to offer food generally on children's interest. Please let the cooking team know in advance for preparation.
- Each sponsoring family will need to arrive at the temple by 7:30am on their designated day or 30 minutes early before the activity or meal in order to help with the preparation of the activities or meal time.
- One whole day offerings are accepted. Sponsoring families will also be responsible for preparing the meal with assistants.
- All meals should be vegetarian, however, children are allowed to drink milk and eat eggs. It is preferred that sponsors adhere to the guidelines for providing meals during the retreat period.
- Field Trip will be on Wednesday, June 18th, 2014 or to be announced later in details to parents.
- Parents are honorably invited to attend the entertainment performed by the retreatants on Saturday night, June 21st, 2014.

Please Note:

- *The schedule is subject to change depends on the weather, the participation and the conditions of our children in the activities and as time allows.*
- *All participants check in on Monday June 16, from 8am to 9am. However, the special circumstances are to be considered as needed.*

Homage to Amitabha Buddha.